

**2010 UBOBO PROGRESS ASSOCIATION'S  
MOUNT ROBERT MOUNTAIN CHALLENGE**

**2:30 p.m. SUNDAY 2<sup>nd</sup> May 2010**

**ENTRY FORM – OPEN MEN – 18 yrs & under 45 yrs**

SURNAME.....GIVEN NAMES.....  
 ADDRESS.....OCCUPATION.....  
 PHONE.....E-MAIL.....D.O.B...../...../.....

Office Use Only COMP NO:
TIME
PLACE
AGE

**WAIVER RELEASE AND INDEMNITY**

- In consideration of the acceptance of my entry in the Mt. Robert Mountain Challenge Race, I hereby agree to comply with all the rules and regulations and instructions of the Mt. Robert Mountain Challenge Race and its Organisers.
- For myself, my executors, administrators, heirs, next of Kin, successors and assigns, I hereby:
  - Waive and release any and all claims that I may have against the Ubobo Progress Association, the Organising committee, their officers, directors, members, volunteers, employees, agents, sponsors, or any one or more of them, their executors, administrators, heirs, next of Kin, successors or assigns (*'the releasees'*) including any and all claims for damage caused by negligence of any of them arising out of my participation in the event and its related activities, together with any costs including attorney's fees that may be incurred as a result of any such claim, either valid or not, and
  - Indemnify and hold harmless the releasees and each of them against any such claim that I or my guests or any one or more of my executors, administrators, heirs, next of Kin, successors and assigns may have or assert, and against any costs including attorney's fees with respect thereto.
- I hereby acknowledge that I have sole responsibility for my personal possessions and athletic equipment during the Mountain Challenge Race and its related activities.
- I hereby acknowledge that participation in the Mountain Challenge Race carries with it a potential hazard. I therefore release the Ubobo Progress Association, the Organising committee, their officers, directors, members, volunteers, employees, agents, sponsors, of any liability resulting from injury or death during the event and its related activities.
- I hereby attest and verify that I am physically fit and have sufficiently trained for this competition and that a licensed medical doctor has verified my physical condition.
- Any such medical condition or physical condition MUST be declared and ATTACHED to the Entry Form.
- I hereby consent to receive medical treatment, which may be deemed advisable in the event of injury, accident and or illness during the Mountain Challenge Race.
- I hereby permit the free use of my name and/or photograph in broadcasts, telecasts and the press as they pertain to the event.
- I understand that my entry is non-transferable and in the event that I am unable to compete in the Mountain Challenge Race a refund WILL NOT be issued.
- I understand that if conditions beyond the control of the Mountain Challenge Race Organisers alter, the course could change in any shape or form with or without further notice.

**RACE RULES AND REGULATIONS**

- In the interest of individual runner well-being, all medical or physical conditions must be declared at the time of submission of the Entry Form.
- All entrants must sign the declaration before starting.
- All official directions must be obeyed at all times and entrants must follow the designated course.
- Entrants DESCENDING the mountain have right-of-way. Failure to obey this rule means instant disqualification.
- All safety precautions are to be taken by each entrant, so as not to cause injury to oneself or to other entrants.
- In the interests of safety ALL competitors must begin the descent of the mountain one hour after commencement of the Mountain Challenge Race. Failure to obey this rule means instant disqualification.
- Competitors may enter ONE category ONLY.
- Protests must be lodged with the Official Judges no later than five (5) minutes after the race has been declared finished.
- The Judges' decision is final and no correspondence will be entered into.
- The Organisers reserve the right to reject or cancel any entry at any time. The completion of the Entry Form does not guarantee acceptance into the Race.
- The number of actual competitors in the Race is limited to sixty (60).
- ALL ENTRANTS MUST REPORT TO THE RACE-CO-ORDINATION AREA NO LATER THAN 2:00 p.m. TO COLLECT THEIR RACE NUMBERS AND FOR A RACE BRIEFING.
- Race numbers must be displayed on the front of each competitor's shirt. Race numbers must not be obscured or modified in any way.

**DECLARATION:** I ....., declare that I have no medical or physical condition that would effect the safety or well-being of myself, other competitors or the Race itself.

**SIGNATURE OF ENTRANT**.....

**ENTRY FEE:** Forty dollars (\$40) Cheques payable to *Ubobo Progress Association*

**CLOSING DATE:** NO LATER THAN 1:00 p.m. ON RACE DAY.

**POSTAL ADDRESS:** The Mt. Robert Mountain Challenge  
 c/- The Secretary,  
 Ubobo Progress Association,  
 UBOBO. Q. 4680

**TELEPHONE:** 07 49 741220  
**FAX:** 07 49 741326